



An} Unsinkable Soul: Waking Up After Depression

By Valerie Sorrentino, Antoinette Sykes

Life Energy, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The anthology Unsinkable Soul, is a collective thought. It is in numbers we have strength but the over all message is that strength comes from within us, individually. It is courage, community and choice that lead us down the path of life. In our book Unsinkable Soul, you will find several miraculous successes of faith, personal power, perseverance, and passion. This collection of truths, survival skills, realizations and triumphs are to lift the world. This book is an aide to the unsinkable soul that you are. We, as people, together sharing the planet, now or in different times and places, are here to help. We are here to lend a helping hand of loving-kindness. If only in one word, one sentence or one volume of work, you may come alive again. Self care and loving-kindness can be forgotten and is the main ingredient to being alive again. This is a secret, a mystery, an invisible gold that is shared around the world. It is coveted, it is hidden and it is also afraid to be revealed in...



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