



Don T Sweat the Small Stuff. 2018 Day-to-Day Calendar

By Richard Carlson

Andrews McMeel Publishing, United States, 2017. Calendar. Condition: New. Language: English . Brand New Book. The phrase, Don t sweat the small stuff has become part of the American culture and lexicon. With more than 26 million copies of the Don t Sweat books in print over twenty years, it s clear that the wisdom of Dr. Richard Carlson and Kristine Carlson is a staple of self-improvement. This calendar offers timeless, uplifting, tried-and-true strategies on how to live a kinder, more peaceful, joy-filled life. Each page of the Don t Sweat the Small Stuff 2018 Day-to-Day Calendar shares an encouraging thought or practical tip to help reduce daily stresses and develop happier, more balanced, and compassionate lives. With excerpts from a variety of the Don t Sweat books, readers will be inspired all year long.



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