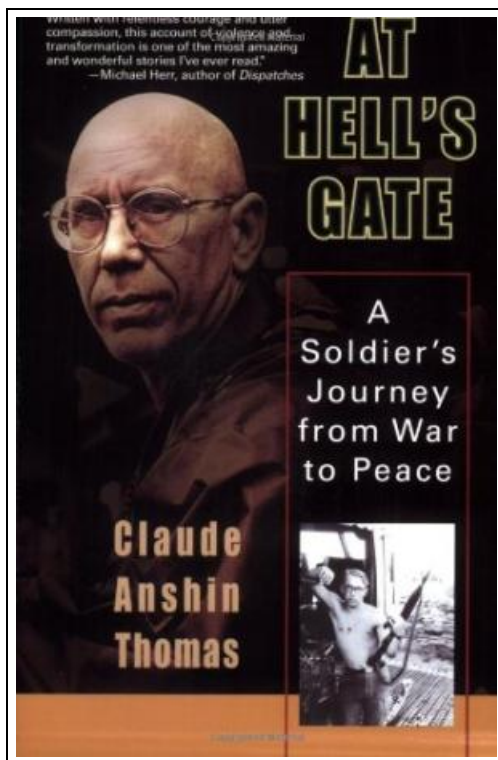


At Hell s Gate: A Soldier s Journey from War to Peace



Filesize: 8.26 MB

Reviews

Very helpful to all category of folks. It is actually rally exciting through studying time. I am easily will get a delight of looking at a created ebook.

(Prof. Isaiah Harber)

AT HELL S GATE: A SOLDIER S JOURNEY FROM WAR TO PEACE



Shambhala Publications Inc, United States, 2006. Paperback. Book Condition: New. Reprint. 213 x 137 mm. Language: English . Brand New Book. In this raw and moving memoir, Claude Thomas describes his service in Vietnam, his subsequent emotional collapse, and his remarkable journey toward healing. At Hell s Gate is not only a gripping coming-of-age story but a spiritual travelogue from the horrors of combat to the discovery of inner peace--a journey that inspired Thomas to become a Zen monk and peace activist who travels to war-scarred regions around the world. Everyone has their Vietnam, Thomas writes. Everyone has their own experience of violence, calamity, or trauma. With simplicity and power, this book offers timeless teachings on how we can all find healing, and it presents practical guidance on how mindfulness and compassion can transform our lives. This expanded paperback edition features: - Discussion questions for reading groups - A new afterword by the author reflecting on how the current wars in Iraq and Afghanistan are affecting soldiers--and offering advice on how to help returning soldiers to cope with their combat experiences.



[Read At Hell s Gate: A Soldier s Journey from War to Peace Online](#)



[Download PDF At Hell s Gate: A Soldier s Journey from War to Peace](#)

Related PDFs



The Frog Tells Her Side of the Story: Hey God, I'm Having an Awful Vacation in Egypt Thanks to Moses! (Hardback)

Broadman Holman Publishers, United States, 2013. Hardback. Book Condition: New. Cory Jones (illustrator). 231 x 178 mm. Language: English . Brand New Book. Oh sure, we'll all heard the story of Moses and the...

[Save eBook »](#)



Read Write Inc. Phonics: Green Set 1 Non-Fiction 2 We Can All Swim!

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 217 x 115 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books...

[Save eBook »](#)



Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how...

[Save eBook »](#)



Daddyteller: How to Be a Hero to Your Kids and Teach Them What's Really by Telling Them One Simple Story at a Time

Createspace, United States, 2013. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.You have the power, Dad, to influence and educate your child. You can...

[Save eBook »](#)



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their...

[Save eBook »](#)